# Available online www.jsaer.com

Journal of Scientific and Engineering Research, 2023, 10(6):26-38



**Research Article** 

ISSN: 2394-2630 CODEN(USA): JSERBR

# Formulation, Development & Characterization of Self Nanoemulsifying **Drug Delivery for Fenofibrate**

Sanjay Sahu\*, Sachin Kumar Jain², Neetesh Kumar Jain³

Abstract The aim of the present investigation is to preparation, Development & Characterization of Self Nanoemulsifying Drug Delivery for Fenofibrate. Accurately weighed Fenofibrate was placed in a glass vial, and required quantity of oil, surfactant, and co-surfactant were added. The mixture was mixed by gentle stirring and vortex mixing at 40°C on a magnetic stirrer at 200rpm, until Fenofibrate was dissolved. Capmul MCM was found satisfactory as oil, Cremophor RH 40 and Transcutol-P were found best as surfactant and cosurfactant on basis of solubility data. Selection of oil, surfactant and cosurfactant. The preliminary trials were carried out using different concentration of Capmul MCM oil, Cremophor RH 40 and Transcutol-P (3:1). On the basis of results of preliminary trials for selection of lipid vehicle, the concentration of Capmul MCM oil (X1) and Concentration of Cremophor RH 40: Transcutol-P (3:1) (X2) were taken as independent variables at three levels. In vitro drug release study was carried out for the formulations, Aliquots were collected periodically (10, 15, 20, 30, 45, 60 minutes) and replaced with fresh dissolution medium. Aliquots, after filtration through 0.45µ PVDF filter paper, were analyzed by HPLC at 248nm for Fenofibrate content. The study indicated that Cremophor RH 40 (HLB: 15) and Labrasol (HLB: 12) had very good ability to emulsify Capmul MCM oil followed by Tween 80 (HLB: 15), whereas, Cremophor EL (HLB: 13) and Labrafac PG (HLB: 1) appeared to be poor emulsifier for Capmul MCM oil. Fenofibrate and Excipients were mixed in 1:1 ratio. It was analysed at 40°C/75% RH at Initial and 1 month by IR Spectroscopy. The 32 factorial design was employed using concentration of Capmul MCM oil and concentration of surfactant/Cosurfactant as independent variable X1 and X2 respectively. The Globule size (GS) (Y1), Polydispersity index (PDI) (Y2), Zeta potential (Y3), drug release at 15 minutes of Fenofibrate (Y4). SNEDDS is best suited for dosage for development of poorly soluble drugs. Fenofibrate are BCS class II drugs having low solubility and high permeability.

Keywords Formulation, Development, Characterization, Self Nanoemulsifying, Drug Delivery, Fenofibrate

#### Introduction

Increasing number of newly discovered chemical entities have poor aqueous solubility and hence it shows low absorption. Technology Catalysts International reported in 2002 that estimates up to 35-40% of all new chemical entities exhibited poor water solubility [1]. The properties of new drug substances shifted towards higher molecular mass and increasing lipophilicity of drug and decreasing the aqueous solubility. Fenofibrate, Atorvastatin & Pitavastatin are example of such a compound suffering from lower aqueous solubility and poor bioavailability [2, 3]. Various methods to enhance the solubility and dissolution of poorly water soluble drugs



<sup>&</sup>lt;sup>1</sup>Department of Pharmaceutics, Faculty of Pharmacy, Oriental University-India

<sup>&</sup>lt;sup>2</sup>Department of Pharmacognosy, Faculty of Pharmacy, Oriental University-India

<sup>&</sup>lt;sup>3</sup>Department of Pharmacology, Modern Institute of Pharmaceutical Sciences Indore-India Email: sanjaysahu\_bpl@yahoo.co.in

have been developed and described in literature, which were at start based on modifying their physico-chemical properties. Salt formation and reduction in particle size and became often taken methods in a quest for dissolution improvement, but both methods had limitations [4, 5]. As a result, altering drug solubility or dissolution through formulation approaches has become most popular. This encouraged the development of various alternative formulation strategies including use of lipid formulations. Strategies to enhance drug bioavailability may involve altering of various key factors that determine drug dissolution, as described by Noyes-Whitney equation [6].

For drug substances which have low aqueous solubility but sufficient lipophilic properties, it will be beneficial to dose them in a predissolved state, e.g. in a lipid formulation [7-11], thereby reducing the energy associated with a solid-liquid phase transition and overcoming the slow dissolution process after oral intake. Lipid formulations are lipidsolution, emulsion, microemulsion, and SNEDDS [12-14].

The aim of present work was to prepare stable formulations of Fenofibrate which may improve dissolution profile of drugs and ultimatelyenhance the bioavailability as compared to conventional marketed formulation.

#### **Materials and Methods**

#### **Estimation of Fenofibrate**

UV spectroscopic method was used for determination of Fenofibrate as described.

#### **Solubility Study**

Screening of excipients was done by determining the equilibrium solubility of Fenofibrate in different oils, surfactants and co-surfactants as described.

#### **Drug-Excipient Compatibility of SNEDDS Formulations**

Drug-Excipient Compatibility of SNEDDS Formulations was studied as per method described in details.

# **Method of Preparation of SNEDDS**

Accurately weighed Fenofibrate was placed in a glass vial, and required quantity of oil, surfactant, and cosurfactant were added. The mixture was mixed by gentle stirring and vortex mixing at 40°C on a magnetic stirrer at 200rpm, until Fenofibrate was dissolved. The mixture was stored at room temperature in closed container until further use [15].

# **Method of Optimization of Preliminary Parameters**

### Selection of oil, surfactant and co surfactant

Capmul MCM was found satisfactory as oil, Cremophor RH 40 and Transcutol-P were found best as surfactant and cosurfactant on basis of solubility data. Selection of oil, surfactant and cosurfactant [16].

#### **Ratio of Surfactant to Co surfactant**

Selection of ratio of surfactant to cosurfactant is very important in formulation development of SNEDDS. Selection was based on the results of solubility data for Fenofibrate in surfactants/co-surfactants, emulsifying ability of surfactant/co-surfactant, predicting drug solubility factors such as solubility parameter (δ), Required HLB value, Molecular weight, required chemical type of emulsifiers, solubilization capacity and Pseudo ternary phase diagram. Ratio of Cremophor RH 40: Transcutol-P was selected as in details [17].

# **Optimization of formulation parameters of Fenofibrate SNEDDS**

The preliminary trials were carried out using different concentration of Capmul MCM oil, Cremophor RH 40 and Transcutol-P (3:1). On the basis of results of preliminary trials for selection of lipid vehicle, the concentration of Capmul MCM oil (X1) and Concentration of Cremophor RH 40: Transcutol-P (3:1) (X2) were taken as independent variables at three levels. The Globule size (GS) (Y1), Polydispersity index (PDI)



(Y2), Zeta potential (Y3), drug release at 15 minutes of Fenofibrate (Y4) and drug release at 15 minutes of was considered to play significant role in the formulation performance of SNEDDS and all the five were taken as dependent parameters in present study [18].

# Optimization of SNEDDS formulation using overlay plot by Design Expert software

The desirability function approach is a technique for the simultaneous determination of optimum settings of input variables that can determine optimum performance levels forone or more responses.

## Measurement of evaluation parameters of Fenofibrate SNEDDS Formulations

#### (i) Measurement of Globule Size, Polydispersity Index (PDI) and Zeta Potential

Globule size, Polydispersity index (PDI) and zeta potential of SNEDDS were determinedusing Zetasizer Nano ZS (Malvern Instruments, UK), which follows principle of LASER light diffraction. SNEDDS was added (after suitable dilution) to the sample cell and put into the sample holder unit and the measurements were carried out with the help of software of same instrument.

#### (ii) **In-Vitro Drug Release Study**

In vitro drug release study was carried out for the formulations, Aliquots were collected periodically (10, 15, 20, 30, 45, 60 minutes) and replaced with fresh dissolution medium. Aliquots, after filtration through 0.45µ PVDF filter paper, were analyzed by HPLC at 248nm for Fenofibrate content [19].

#### **Stability Study of Fenofibrate SNEDDS**

Chemical and physical stability of Fenofibrate SNEDDS was assessed at  $40 \pm 2^{\circ}\text{C}/75 \pm 5\%$  RH and  $25 \pm 3^{\circ}\text{C}/60$ ± 5% (room temperature) as per ICH guidelines [6, 7]. Stability study of SNEDDS formulation was carried out.

# Comparison of in vitro drug release between Optimized SNEDDS formulation, pure drug powder and marketed product

In vitro drug release study was performed as method optimized SNEEDS formulations, marketed product and active drug substance to compare the in vitro drug release profile [20].

### **Dissolution Efficiency**

The dissolution efficiency of the batches was calculated by the method mentioned by Khan. It is defined as the area under the dissolution curve up to a certain time, t, expressed as a percentage of the area of the rectangle described by 100% dissolution in the same time.

#### **Results and Discussion**

#### **Optimization of preliminary parameters**

Screening of SNEDDS formulation involves formulation composition should be simple, safe, non-toxic and compatible. It should possess good solubility and large efficient self- nanoemulsification region which should be found in pseudo-ternary phase diagram, and have efficient droplet size after forming nanoemulsion [21]. Vehicles should have goodsolubilizing capacity of drug substance, which is essential for composing SNEDDS. Capmul MCM oil (Glyceryl Caprylate/Caprate) was found satisfactory as oil. Fenofibrate had excellent solubility in Labrasol, Cremophor RH 40 (Polyoxyl 40 hydrogenated Castor oil) and Transcutol-P as compare to other surfactant and co- surfactant. Capmul MCM Oil (Glyceryl Caprylate/Caprate) as oil, Labrasol, Cremophor RH 40 (Polyoxyl 40 hydrogenated Castor oil) as surfactant and Transcutol-P as co-surfactant were selected for optimal SNEDDS formulation for improved drug loading capabilities.

#### Evaluation of surfactant and co-surfactant for its emulsifying ability

The study indicated that Cremophor RH 40 (HLB: 15) and Labrasol (HLB: 12) had very good ability to emulsify Capmul MCM oil followed by Tween 80 (HLB: 15), whereas, Cremophor EL (HLB: 13) and Labrafac



Journal of Scientific and Engineering Research

PG (HLB: 1) appeared to be poor emulsifier for Capmul MCM oil. This observation was in line with the investigation reported by Malcolmson and Warisnoicharoen who concluded that micro emulsification is also influenced by the structure and chain length of the surfactant.

They provides a flexible film around the droplet that can readily collapse and also provides a curvature at the interfacial region for the desired different types of nanoemulsion like o/w type, w/o type and/or bicontinuous type, depending upon the lipophilicity of the surfactant.

The turbidimetric method was used to judge emulsification efficacy of the co-surfactant to improve the nanoemulsification ability and also to select best co-surfactant. All the co-surfactants increased the spontaneity of the nanoemulsion formation as it leads to greater penetration of the surfactant monomers, thereby further decreasing the interfacial tension. Interestingly, PEG-400 and propylene glycol as cosurfactants appeared to be equivalent in improving nano emulsification ability of Cremophor RH 40 and Labrasol. In case of lipophilic cosurfactants such as Transcutol-P, good correlation was observed between the structure i.e. the chain length of co-surfactant and the transmittance values of resulting dispersions. This observation was also in line with investigation reported by Malcolmson and Warisnoicharoen.

Selection of variable was based on the results of solubility data for Fenofibrate in oils and surfactants/co-surfactants, emulsifying ability of surfactant/co-surfactant, predicting drug solubility factors such as solubility parameter ( $\delta$ ), Required HLB value, Molecular weight, required chemical type of emulsifiers, solubilization capacity, dielectric constant ( $\epsilon$ ), dipole moment ( $\mu$ ), excipient fatty acid chain length, surface tension, viscosity etc. Cremophor RH 40 and Transcutol-P were found best as surfactant and cosurfactant on basis of solubility data.

# **Drug-Excipient Compatibility of SNEDDS Formulations**

Drug-Excipient compatibility study was done to check presence or absence of drug excipients interaction [64]. Fenofibrate and Excipients were mixed in 1:1 ratio. It was analysed at 40°C/75% RH at Initial and 1 month by IR Spectroscopy.

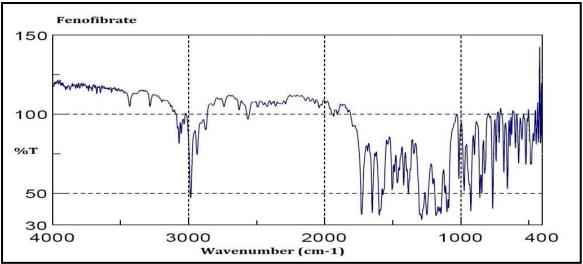


Figure 1: IR Spectrum of Fenofibrate



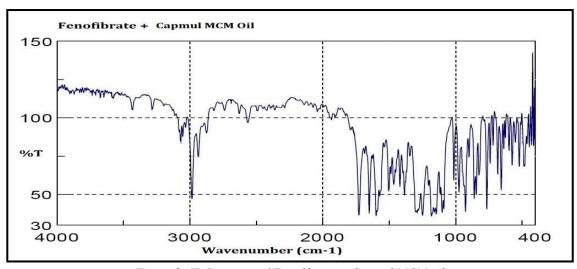


Figure 2: IR Spectrum of Fenofibrate + Capmul MCM oil

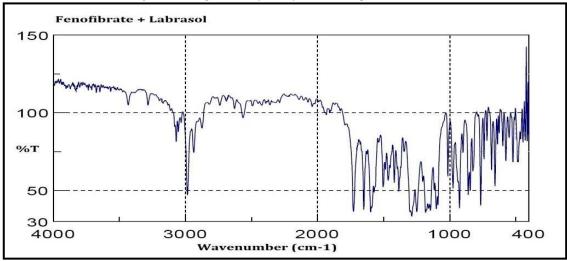


Figure 3: IR Spectrum of Fenofibrate + Labrasol

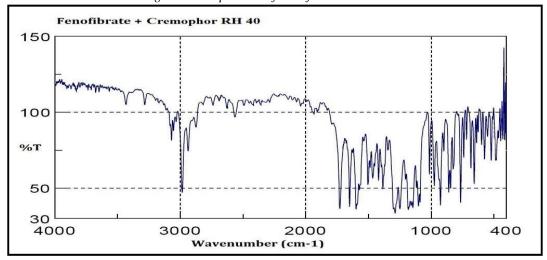


Figure 4: IR Spectrum of Fenofibrate + Cremophor RH 40



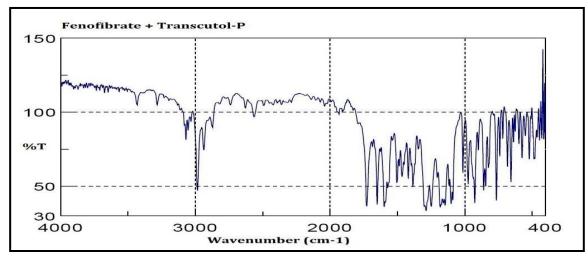


Figure 5: IR Spectrum of Fenofibrate + Transcutol-P

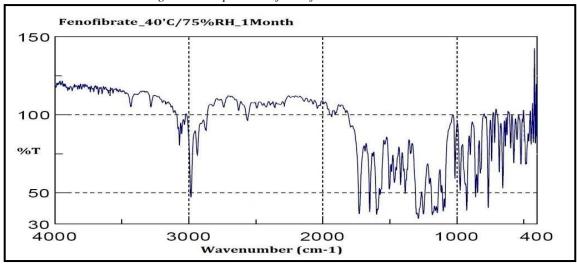


Figure 6: IR Spectrum of Fenofibrate (40°C/75%RH for 1 month)

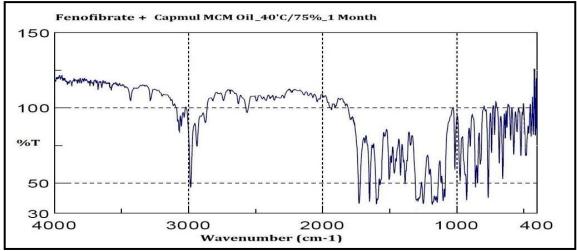


Figure 7: IR Spectrum of Fenofibrate + Capmul MCM oil (40°C/75%RH for 1 month)



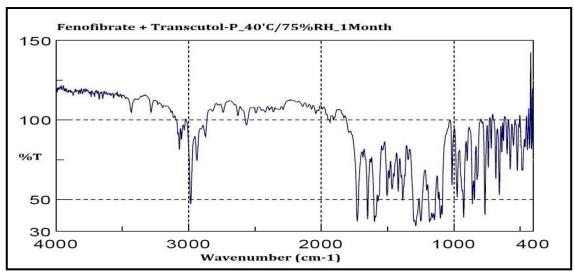


Figure 8: IR Spectrum of Fenofibrate + Transcutol-P (40°C/75%RH for 1 month)

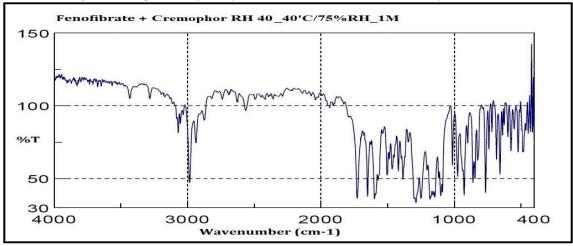


Figure 9: IR Spectrum of Fenofibrate + Cremophor RH 40 (40°C/75%RH for 1 month)

# Optimization of SNEDDS of Fenofibrate using factorial design

The concentration of Capmul MCM oil and concentration of surfactant/Cosurfactant play important role in stable formulation of Self Nanoemulsifying drug delivery system (SNEDDS); hence concentration of Capmul MCM oil (0.5mL) and concentration of Cremophor RH 40: Transcutol-P (3:1) (1.5mL) were selected as independent variables in factorial design on the basis of the results of preliminary trials. The 3<sup>2</sup> factorial design was employed using concentration of Capmul MCM oil and concentration of surfactant/Cosurfactant as independent variable X1 and X2 respectively. The Globule size (GS) (Y1), Polydispersity index (PDI) (Y2), Zeta potential (Y3), drug release at 15 minutes of Fenofibrate (Y4).

**Table 1:** Factors and levels of independent variables in 3<sup>2</sup> factorial design for formulation of Fenofibrate SNEDDS

T CHOTHLE SINEDDS					
Independent variables	Level				
	Low (-1)	Medium (0)	High (+1)		
Capmul MCM oil concentration	0.4	0.5	0.6		
(X1), $(mL)$					
Cremophor RH 40: Transcutol-P	1.2	1.5	1.8		
(3:1) concentration (X2), (mL)					



Batch	X <sub>1</sub>	X <sub>2</sub>	Globule (nm) (Y <sub>1</sub> )	sizePDI(Y2)	Zeta potential (mV) (Y <sub>3</sub> )	Drug release at 15 min for Fenofibrate (Y4)
T1	-1	-1	357.3	0.42	-15.14	91.4
T2	0	-1	64.5	0.28	-16.46	93.5
T3	1	-1	55.7	0.22	-17.15	93.3
T4	-1	0	332.3	0.42	-15.62	93.6
T5	0	0	20.5	0.18	-27.94	96.8
T6	1	0	44.7	0.23	-17.67	94.9
T7	-1	1	307.9	0.46	-15.99	93.3
T8	0	1	26.3	0.15	-24.21	94.7
T9	1	1	29.7	0.19	-21.14	95.7

#### (a) Polydispersity index (PDI) (Y<sub>2</sub>)

A full model equation of polydispersity index (YPDI) was written as Equation.

The results of coefficients estimated by multiple regression for polydispersity index (PDI) was presented in Table

**Table 2:** Coefficients estimated by multiple linear regression for polydispersity index (PDI) (Y<sub>2</sub>)

Factors	Coefficients	Calculated t values	p-values
Intercept	0.217	8.228	0.0375**
X1	-0.106	-7.331	0.0524**
X2	-0.020	-1.383	0.2656
$X1^2$	0.098	3.939	0.0914*
$X2^2$	0.007	0.306	0.7951
X1X2	-0.007	-0.395	0.7905

<sup>\*\*</sup>very significant (p<0.01), \*significant (p<0.05)

The polydispersity index for batch T1 to T9 ranges from 0.189 to 0.428. The coefficient of X1 was -0.1060 and X2 was -0.0200, which indicated that large negative value of X1 was predominantly reducing the polydispersity index of SNEDDS. The regression coefficient of  $X1^2$  was 0.0987 and  $X2^2$  was 0.0077, which indicated their positive influence on polydispersity index. When the coefficients of the two independent variables were compared, the value for the variable X1(b1=-0.1060) was found to be maximum and hence the variable X1 was considered to be a major contributing variable for PDI.

# (b) Zeta potential (ZP) (Y<sub>3</sub>)

A full model equation of zeta potential (YFZP) was written as Equation. The zeta potential for batch T1 to T9 ranges from -27.96 to -15.12. The coefficient of X1 was -1.5133 and X2 was -2.1200, which indicated that large negative value of X2 was predominantly reducing the zeta potential of SNEDDS. The regression coefficient of  $X1^2$  was 5.7800 and  $X2^2$  was 2.0800, which indicated their positive influence on zeta potential. When the coefficients of the two independent variables in Equation 6.9 were compared, the value for the variable X2(b2=-2.1200) was found to be maximum and hence the variable X2 was considered to be a major contributing variable for zeta potential.

# (c) Drug release at 15 minutes for Fenofibrate (DRF) (Y<sub>4</sub>)

A full model equation of drug release at 15 minutes for Fenofibrate (YFDRF) was written.

The results of coefficients estimated by multiple regression for drug release at 15 minutes for Fenofibrate (DRF) was present in Table.



15 minutes for Fenofibrate (DRF) (Y<sub>4</sub>) p-values **Factors** Coefficients Calculated t values 95.855 141.224 0.00000\*\* Intercept 0.516 0.2587 X1 1.389 X2 0.700 1.882 0.1562  $X1^2$ -1.483 0.1046 -2.303 $X2^2$ -1.233-1.9150.1513 0.9194 0.050 0.109 X1X2

 Table 3: Coefficients estimated by multiple linear regression for drug release at

The drug release at 15 minutes for Fenofibrate (DRF) for batch T1 to T9 ranges from 91.8 to 96.7. The coefficient of X1 was 0.5167 and X2 was 0.7000, which indicated that large positive value of X2 was predominantly increasing the drug release at 15 minutes for Fenofibrate (DRF) of SNEDDS. The regression coefficient of X1<sup>2</sup> was -1.4833 and X2<sup>2</sup> was -1.2333, which indicated their positive influence on drug release at 15 minutes for Fenofibrate (DRF). When the coefficients of the two independent variables were compared, the value for the variable X2 (b2= 0.7000) was found to be maximum and hence the variable X2 was considered to be a major contributing variable for drug release at 15 minutes for Fenofibrate (DRF).

#### Drug release at 15 minutes for Fenofibrate (DRF)

Contour plot for drug release at 15 minutes for Fenofibrate (DRF) at prefixed values of 92.55, 93.55, 94.55, and 95.55. The contour plot was found to be non-linear. Hence, the relationship between independent variables for drug release at 15 minutes for Fenofibrate (DRF) could be non-linear because drug release at 15 minutes for Fenofibrate (DRF) may not be directly proportional to variable X1 & X2.

Response surface plot obtained as a function of concentration of Capmul MCM oil and concentration of Cremophor RH 40: Transcutol-P (3:1) for drug release at 15 minutes for Fenofibrate (DRF). An increase in drug release with increase in the concentration of Capmul MCM oil and concentration of Cremophor RH 40: Transcutol-P (3:1) was observed.

#### **Optimization of SNEDDS Formulation**

Optimized formulation was selected by arbitrarily fixing the criteria of 20.7 – 357nm of the Globule size (GS), 0.189 – 0.428 Polydispersity index (PDI), -30mV to -21mV Zeta potential (ZP), more than 95% drug released at 15 minutes for Fenofibrate. These constrains were shown in Table for the SNEDDS formulation. The recommended concentrations of the independent variables were calculated by the Design Expert software using overlay plot with desirability approach. The results gave one optimized solution with theoretical target profile characteristics which were shown in Table.

Table 4: Constrains for SNEDDS Formulation

Name	Goal	Lower limit	Upper limit	Importance
Conc. of Capmul MCM oil	is in range	-1	1	+++
Conc. of Cremophor RH	is in range	-1	1	+++
40:Transcutol-P (3:1)				
Globule Size (nm)	minimize	20.7	357	+++
Polydispersity index	maximize	0.189	0.428	+++
Zeta potential (mV)	is target $= -27$	-30	-21	+++
Drug Release at 15 minutes for	is in range	95	96.7	+++
Fenofibrate				
Drug Release at 15 minutes for Atorvastatin calcium	is in range	95	97.4	+++



<sup>\*\*</sup>very significant (p<0.01), \*significant (p<0.05)

### **Evaluation parameters of Fenofibrate SNEDDS of factorial design batches**

# (a) Refractive Index and Turbidimetric Evaluation

The results of refractive index and % transmittance of batches T1 to T9 were shown in Table. The refractive index and percent transmittance data proved that transparency of system.

Table 5: Refractive Index and %Transmittance of various SNEDDS formulations

Batches	Refractive Index	% Transmittance	
	Water (250 ml)	Water (250 ml)	
T1	1.37	91.32	
T2	1.35	97.45	
T3	1.35	97.88	
T4	1.36	92.72	
T5	1.33	100.11	
T6	1.34	98.15	
T7	1.36	93.58	
T8	1.33	99.39	
T9	1.34	98.93	

### (b) Measurement of Globule Size, Polydispersity Index, and Zeta Potential

Globule size distribution following self nanoemulsification is a critical factor to evaluate self-nanoemulsion system. The smaller droplets have larger interfacial surface area will be provided for drug. Globule size analysis, Polydispersity Index and Zeta Potential data were shown in Table.

**Table 6:** Droplet size analysis, Polydispersity Index, and Zeta Potential data of SNEDDS formulation

Batches	Globule Size (nm)	Polydispersity Index	Zeta Potential (mV)
T1	357.0	0.428	-15.14
T2	64.1	0.283	-16.46
T3	55.8	0.221	-17.18
T4	332.0	0.427	-15.65
T5	20.7	0.189	-27.94
T6	44.0	0.233	-17.68
T7	307.0	0.426	-15.97
T8	26.6	0.195	-24.29
T9	29.2	0.191	-21.14

# (c) Drug Content

Drug content of SNEDDS formulation can be found by methanolic extract of SNEDDS was analyzed by HPLC at 248nm for Fenofibrate respectively. Drug content of various formulation shown in Table.

**Table 7:** Drug content in various SNEDDS formulations (Fenofibrate)

Batches I		% Drug Co	ontent	Average	Standard
	II	III		Deviation	
T1	99.1	98.3	99.3	98.9	0.53
T2	98.3	98.6	98.9	98.6	0.30
T3	99.4	100.2	99.1	99.6	0.57
T4	99.8	99.1	100.4	99.8	0.65
T5	100.2	101.1	100.5	100.6	0.46
T6	99.2	100.4	99.5	99.7	0.62
T7	101.4	99.8	100.6	100.6	0.80
T8	99.6	100.7	99.9	100.1	0.57
T9	100.3	99.1	100.9	100.1	0.92



# (d) Effect of Dilution and Aqueous Phase Composition on SNEDDS

Data was shown for various SNEDDS formulation at  $25 \pm 2$ °C for 24 hour.

# (e) Measurement of Viscosity and pH of SNEDDS

Viscosity of SNEDDS was measured by using Brookfield viscometer at 25°C temperature. Spindle S-61 was selected for measurement of viscosity of various SNEDDS formulations. Viscosity measurement was done at 30 rpm before and after dilution with water. pH of SNEDDS formulations were measured by using pH meter at room temperature. pH of SNEDDS formulations were also measured before and after dilution with distil water.

<b>Table 8:</b> Viscosity and pH of various SNEDDS formulation
--

	V	viscosity (CP)		pН	
Batches		Dilution		Dilution	
	Before	After	Before	After	
T1	97.8	1.04	7.73	6.42	
T2	114.9	1.01	7.68	6.46	
T3	105.6	1.08	7.65	6.53	
T4	106.0	1.04	7.18	6.50	
T5	109.4	1.02	7.71	6.49	
T6	107.3	1.03	7.52	6.48	
T7	104.5	1.05	7.53	6.49	
T8	117.0	1.02	7.48	6.51	
T9	115.0	1.05	7.56	6.50	

# (f) In Vitro drug release Study

It could be suggested that the SNEDDS formulation resulted in spontaneous formation of a nanoemulsion with a small droplet size, which permitted a faster rate of drug release into the aqueous phase, much faster than that of plain fenofibrate drug powder and marketed drug formulation.

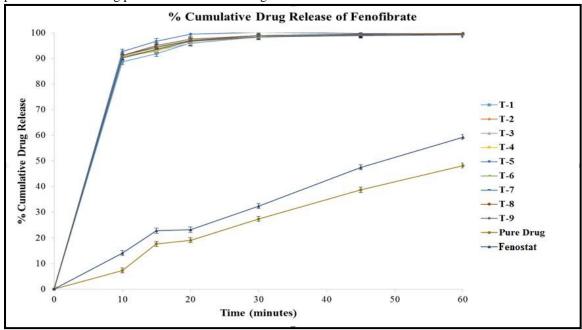


Figure 10: Comparison of drug release profile of various SNEDDS formulation with pure drug and marketed formulation (Fenofibrate)



# (g) In Vitro Diffusion Study

To understand characteristics of drug release from SNEDDS, an in vitro release study was carried out. When SNEDDS encountered aqueous media, drug existed in system in different forms including a free molecular form, or mixed in micelles or in nanoemulsion droplets.

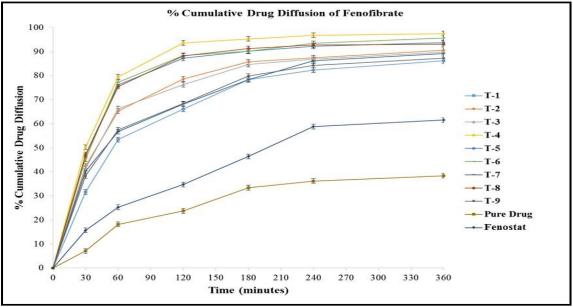


Figure 11: Comparison of diffusion profile of various SNEDDS formulation with pure drug and marketed formulation (Fenofibrate)

# Stability study of Fenofibrate SNEDDS optimized batch (OP1)

Stability chamber was used for accelerated condition. The change in globule size, zeta potential, drug content and drug release at 15 minutes for Fenofibrate were carried out periodically to determine the stability of drug in the formulation at various storage conditions.

# Results of Globule size and Zeta potential at storage conditions

Globule size and Zeta potential of optimized batch (OP1) were measured by Zetasizer atperiodic intervals. Globule size and Zeta potential were measured after 1, 3 and 6 months. The results were recorded in Table.

Table 9: Globule size of optimized batch at storage conditions

<b>Storage Conditions</b>	Average of Globule Size (nm)				
	Initial	1 Month	3 Month	6 Month	
Room Temperature	78.3	79.2	82.1	82.5	
Accelerated Conditions	78.3	79.8	83.3	83.9	

Table 10: Zeta Potential of optimized batch at storage conditions

<b>Storage Conditions</b>	Zeta Potential (mV)			
	Initial	1 Month	3 Month	6 Month
Room Temperature	-23.13	-22.38	-22.24	-21.79
Accelerated Conditions	-23.13	-22.45	-22.92	-21.47

# Conclusion

SNEDDS is best suited for dosage for development of poorly soluble drugs. Fenofibrate are BCS class II drugs having low solubility and high permeability. The present study was aimed to explore stable SNEDDS formulation development using  $3^2$  factorial design for dissolution improvement compared to marketed formulation of Fenofibrate.



Journal of Scientific and Engineering Research

#### References

- [1]. Gursoy RN, Benita S, 2004, Self-emulsifying drug delivery systems (SEDDS) for improved oral delivery of lipophilic drugs, Biomed. Pharmacother., 58, 173-182, ISSNNo. 1950-6007.
- [2]. Balzarini J, Brouwer WG, Dao D, Osika EM, 1996, Identification of novel thiocarboxanilide derivatives that suppress a variety of drug-resistant mutant human deficiency virus type 1 strains at a potency similar to that for wild-type virus, Antimicrob. Agents Chemother. 40, 1454-1466, ISSN No. 1098-6596.
- [3]. Balzarini J, De CE, 1996, The thiocarboxanilides UC-10 and UC-781 have an additive inhibitory effect against human immunodeficiency virus type 1 reverse transcriptase and replication in cell culture when combined with other antiretroviral drugs, Antiviral Chem. Chemother. 8, 197-204, ISSN No. 2040-2066.
- [4]. Liu R, 2000, Water-insoluble drug formulation, Interpharm Press, Denver, CO.
- [5]. Perrut M, Leboeuf F, Jung J, 2005, Enhancement of dissolution rate of poorly-soluble active ingredients by supercritical fluid processes Part I: Micronization of neat particles, Int. J. Pharm., 288, 3-10, ISSN No. 1873-3476.
- [6]. Whitney W, Noyes A, 1897, The rate of solution of solid substances in their own solutions, J. Am. Chem. Soc., 19, 930-934, ISSN No. 1520-5126.
- [7]. Charman A, Charman W, Rogge MC, Wilson TD, Dutko J, Pouton CW, 1992, Self- emulsifying drug delivery systems: formulation and biopharmaceutical evaluation of an investigational lipophilic compound, Pharm. Res., 9, 87-93, ISSN No. 1573-904X.
- [8]. Humberstone AJ, Charman WN, 1997, Lipid-based vehicles for oral delivery of poorly water soluble drugs, Adv. Drug Delivery. Rev., 25, 103-128, ISSN No. 1872-8294.
- [9]. Craig DQM, 1993, The use of self-emulsifying systems as a means of improving drug delivery, Bull. Techn. Gattefossé, 86, 21-31.
- [10]. Porter CJH, Kaukonen AM, Boyd BJ, Edwards GA, Charman WN, 2004, Susceptibility to lipase-mediated digestion reduces the oral bioavailability of danazol after administration as a medium-chain lipid-based microemulsion formulation, Pharm. Res., 21, 1405-1412, ISSN No. 1573-904X.
- [11]. Kang BK, Lee JS, Chon SK, Jeong SY, Yuk SH, Khang G, Lee HB, Cho SH, 2004, Development of self-micro-emulsifying drug delivery systems (SMEDDS) for oral bioavailability enhancement of simvastatin in beagle dogs, Int. J. Pham., 274, 65-73, ISSN No. 1873-3476.
- [12]. Pouton CW, 1985, Effects of the inclusion of a model drug on the performance of self-emulsifying formulations, J. Pharm. Pharmacol., 36, 51P, ISSN No. 2042-7158.
- [13]. Pouton CW, Porter C, 2008, Formulation of lipid-based delivery systems for oral administration: Materials, methods and strategies, Adv. Drug Delivery, 60, 625-637, ISSN No. 0169-409X.
- [14]. Muller RH, Akkar A (2004) Drug Nano crystals of Poorly Soluble Drugs. In Nalwa HS (Eds). Encyclopedia of Nanoscience and Nanotechnology. American Scientific Publishers, pp.627-638.
- [15]. Abbott Laboratories (2004) TriCor (fenofibrate) tablets prescribing information. NorthChicago, IL.
- [16]. Parke-Davis (2007) Lipitor (atorvastatin calcium) tablets prescribing information. NewYork.
- [17]. Lea SE, Paige KL, 2010, Use of Statins for Dyslipidemia in the Paediatric Population. J Pediatr Pharmacol Ther., 15(3), 160–172, ISSN No. 1551-6776.
- [18]. Shruti S, Rita W, Gouri D, 2013, Development of Microemulsion for Solubility Enhancement of Poorly Water Soluble Drug Valsartan, Int. J. Pharm. Sci. 22(2), 246-251, ISSN No. 0975-4725.
- [19]. Bhavsar MD, Tiwari SB, Amiji MM, 2006, Formulation optimization for the nanoparticle-in-microsphere hybrid oral delivery system using factorial design. J. Controlled Release, 110, 422-430, ISSN No. 0168-3659.
- [20]. Khuri AI (2006) Response surface methodology and related topics, World Scientific Publishing Co. Pte. Ltd., 457.

